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NEWSLETTER

20th September 2019



PERRAN-AR-WORTHAL  
CP SCHOOL

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VERY MOMENT MATTERS!

This week's focus was on **RULE OF LAW**



### URGENT APPEAL!

With this week's theme being Rule of Law, we felt this would be a good opportunity to remind parents who have been seen parking in front of the school entrance, that having a rule against parking in these places is needed to keep the children safe. Please support the safety of the children and all pedestrians by parking with due care and with an awareness of the safety of others.

**SO, WHAT DO THE RECEPTION CHILDREN GET UP TO ON A FRIDAY?** - Lots of bubbly fun and sticky gluey stuff, it seems! A lovely creative way to end a busy week.



**ROCKING TO THE BEAT IN ASSEMBLY!** - Today, the children were inspired by a drumming demonstration from Jamie Fyffe who works for the Cornwall Music Service, is also an associate lecturer at Plymouth University and an examiner for Trinity College London. Jamie already has several of our pupils learning how to play drums during the week. If your child is in Year 3, 4, 5 or 6 and they are interested in learning to play drums, Miss Deakin will be emailing a letter out on Monday with the links that will enable you to find out more about lessons for your child.



**Clapping along to the rhythm and rocking it out!**



**BUDDING ARTISTS IN YEAR 6**—This half term, the Year 6 are studying Mongolian Art and will be creating self portraits using the same style. Mrs Philp and Mrs Trembath have been very impressed with what the



**YEAR 1 TAKE THEIR SECOND 'OUT OF THE BOX' TRIP TO SEE ST PIRAN'S WELL—** After a trip last week to the Cathedral, Mrs Teasdale took the Year 1 children to see a contrasting special place with some rather familiar helpers in tow—much to the delight of the children. A huge thank you to our helpers, Mr Teasdale for leading the tour with Wally the Brolly, to Sophie Holt and her Dad, who live near St Piran's Well, for welcoming all the children into their garden to show them their guinea pigs and chickens and a special thanks to Mr and Mrs Lea who made the day out that extra special for the children by joining in with the fun.



**The Year 1s also had the opportunity to meet some furry friends!**



**POTATO CAKES ARE YUM!** This week the Year 3 children have been cooking potato cakes with Miss Cleaver. A very delicious smell was coming from the staffroom making everyone feel hungry today! If you would like to have a go at making healthy potato cakes at home with your child, please see the recipe attached. Get Cooking!



# Potato Cakes

## *Main Ingredients (serves 4)*

500g peeled potatoes  
50g plain flour  
1 onion finely chopped  
50g cabbage finely chopped  
50g courgettes  
 $\frac{1}{2}$  teaspoon salt  
1 egg (beaten)  
a pinch of nutmeg/pepper  
50g butter  
a little olive oil  
1 tin tuna  
50g savoy cabbage  
50g courgettes

## *Method*

1. Peel and boil the potatoes
2. Mash the potatoes using the butter.
3. Finely slice onions, cabbage and courgettes.
4. Gently fry the onions, cabbage and courgettes in the olive oil.
5. Put the mashed potato in a mixing bowl and add nutmeg, salt and pepper.
6. Add in the fried ingredients.
7. Add in the tuna.
8. Mix well together.
9. Add in the flour and the egg.
10. Mix further.
11. Make potato cakes using extra flour to get the potato cakes to bind and to prevent them from sticking.
12. Gently fry them in a frying pan with a little oil.
13. Eat whilst hot and delicious!





**RAK NOMINATION**—This week, Mrs Matthews (parent and governor) has nominated Eli Mitten today when she saw him comfort another child by getting them a teddy to cuddle. Thank you Eli for wonderful kindness. You are a kindness ninja!



**A MESSAGE OF THANKS FROM MRS WATERS**

*To all children and staff of Perran-ar-worthal school.*

*I just wanted to say thank you for all the cards and gifts I received at the end of term. I really appreciated all the kind messages.*

*A special thank you to the gardening club for organising their cake stall on sports day. I was so touched by this gesture. Thank you to all those who supported them. I have used my beautiful gardening pot to grow some mixed salad leaves and many of the gifts inside have already been put to good use in my garden. After much thought I have decided to use my garden voucher to buy some fruit trees. I know the gardening club will enjoy deciding on a bench or similar for the school garden and hope they will continue to look after the garden.*

*Wishing you all a super year.*

*Best wishes*

*Mrs Waters*



**Please do NOT throw away your mascara wands.**



Instead, it would be fantastic if you could clean the wand with warm soapy water, place them in a ziploc bag and post them to

**THE NEW ARC - Wildlife sanctuary in Scotland.**

These little wands are able to be upcycled to clean away oil, larvae, fly eggs, infections, mites, mud and other contaminants from wildlife.

All brushes will be gratefully received.



The postal address is:

The New Arc, Nether Auquhardlie, Auchnagatt, Ellon, Aberdeen shire, AB4 8UW.



## Perranwell Parent, Baby & Children's Group

Tuesdays 9:15 - 11:15  
(term time only)

Weekly sessions run by local parents - join us at  
**The Perranwell Centre (TR3 7JU, Free parking)** for:

- Playtime with lots of toys suitable for babies through to pre-schoolers
- Messy/craft/sensory activities from biscuit making to bubble soup!
- Sing-alongs and dancing
- Healthy snack buffet

**Each session is £2 for the first child £1 for siblings-**  
this included all facilities, snacks for children and a hot  
drink for parents.

**First session is FREE**, no need to book, just come along.  
For enquiries please contact Jenie on 01872 863362  
Or our Facebook Page @perranwelltoddlergroup